**Nutrition Internship Program**

The Victorian Institute of Sport (VIS) is one of Australia’s elite high performance sports training and coaching organisations. Through promoting their maxim of *“Success in Sport and Life”* the organisation constantly strives to provide an environment in which talented athletes have the opportunity to excel in both their chosen sport and life in general. Underpinning this dedication is a strong set of core values that promote excellence, integrity, passion, respect and commitment not only amongst the athletes, but the coaching and support staff equally.

1. **POSITION DETAILS**

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| **Title:** | Nutrition Intern |
| **Department:** | Nutrition Department |
| **Period:** | July 9th 2018 - July 2019, 4-8hrs per week |
| **Location:** | Victorian Institute of Sport – Lakeside Stadium; 33 Aughtie Drive, Albert Park VIC 3206 |

**Position Summary**

A one year internship to a Provisional or Accredited Sports Dietitian. The successful application will be directly supervised by VIS Nutrition Co-ordinator, Kylie Andrew, to deliver general and specialised nutrition services to VIS athletes; to provide support and work alongside other VIS Sports Dietitians in a range of sports as well as undertaking:

* Planning and delivery of group education sessions and workshops
* Research and literature reviews on relative sports nutrition topics
* In-house nutrition education and promotion
* Resource development
* Dietary analysis and report writing
* Body composition monitoring
* Hydration monitoring and formulation of tailored hydration strategies

**Position reports to:** VIS Nutrition Co-ordinator – Kylie Andrew

**Key relationships:** Nutrition Department, Sports Science & Marketing Department

**2. SELECTION CRITERIA**

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| **Essential requirements** | * Dietetics course as approved by DAA * Membership with Sports Dietitians Australia – including successful completion of SDA 4 – day Sports Nutrition Course. * Provisional or Accredited Sports Dietitian Accreditation |
| **Desirable requirements** | * ISAK Level 1 Anthropometry Accreditation * Previous experience working in a High Performance Sporting environment * Working with Children Check * Interest and experience in quality improvement activities |