



2006 Melbourne Commonwealth Games Future Athletes Program

SQUASH CLINIC APPLICATION FORM

ABOUT THE PROGRAM

The 'Future Athletes Program' is an initiative of the Victorian Government designed to introduce secondary school age students competing in representative school events to a wider developmental pathway in their sport. During 2005 the Victorian Institute of Sport, in conjunction with the 16 Commonwealth Games sports associations, will conduct sport specific clinics providing:

- Technical Tips from leading Coaches
- Training advice from a State or National representative Athlete
- Valuable information on Sports Nutrition, Training and Injury Prevention
- Skill Practice and Assessment
- Information on how to take the 'next step' in sporting development

Clinics are scheduled from 10:00am until 3:30pm, and are free of charge to participants.

ELIGIBILITY and SELECTION to ATTEND a SQUASH CLINIC

All Victorian Secondary School students who meet the selection criteria may enrol in a Squash clinic. Selection criteria have been developed in consultation with Squash Victoria to assist athletes in taking the 'next step' in their sporting development. Clinic places are limited and applications will be accepted only until each clinic is full. Applications can close early should sufficient applications be received.

To be eligible to attend a squash clinic:

- Students must submit a signed application form to the VIS prior to the scheduled clinic.
- Students should demonstrate above average hand/eye and foot coordination.
- Students should have experience in any racquet sport.
- Athletes with a disability are encouraged to apply.
- Students may attend only one 'Future Athletes Program' sports clinic.
- Students who attend a Future Athletes Program clinic and subsequently are invited to attend Squash Victoria programs must be willing to make a time commitment to further squash development.

SCHEDULED SQUASH CLINICS

- **Melbourne** – Westerfolds Sports Centre - Saturday 19th November 2005
- **Ballarat** – Ballarat Squash and Racquetball Centre - Saturday 3rd December 2005
- **Gippsland** – Morwell Squash Centre - Saturday 10th December 2005



FUTURE ATHLETES PROGRAM

SQUASH CLINIC APPLICATION FORM



Complete and mail or fax this form to:
Future Athletes Program – Squash Clinic
Victorian Institute of Sport
P.O. Box 12608 A'Beckett Street
Melbourne VIC 8006
Fax 9425-0100

Enquiries, please e-mail future.athletes@vis.org.au or phone 9425-0030

Student's First Name:

Surname:

Gender: M / F Date of Birth: Height (cm):

Name of Secondary School attending

Name of PE / Sport Contact at school

Are you an athlete with a disability? YES / NO

Have you previously played squash at any of the following levels? Please provide description

Interschool Squash YES / NO

Club Squash YES / NO

Representative Squash YES / NO

Clinic applied for (*please circle*)

Melbourne	Ballarat	Gippsland
-----------	----------	-----------

Home Address:

Suburb: Post Code:

Phone:

E-mail Contact: _____

Parent consent to attend clinic:

I (Name of Parent / Guardian) _____ hereby give permission for my son/daughter to undertake Squash instruction at a Future Athletes Program clinic.

Signature of Parent or Guardian



All applicants will be notified by mail about the status of their application